

**CHAPTER 18—WRESTLING REGULATIONS**

**1. Playing Season Policies.**

**a. Championships Determination.**

The team and individual Conference champions in wrestling shall be determined at a Conference championship meet. (6/92)

**b. Conference Schedule.**

There shall be no required regular season Conference schedule in the sport of wrestling. (6/92)

**(1) Rescheduling Policies.**

No wrestling match shall be rescheduled if cancelled. (7/92)

**c. Eligibility of Student-Athletes.**

See ER 4-4-a.

**2. Meet Policies**

**a. Officials.**

The referee used to officiate regular-season meets shall be NCAA-certified. (6/99, 6/01)

**b. Pre-Match Communication.**

No later than Monday prior to the competition, the coach from the host institution shall communicate with Conference opponents to confirm the date, location, time, weigh-in times, and to identify any other opponents that may be participating in competition that same day. (6/01, 6/05)

**3. Conference Championships.**

**a. Date and Site Rotation.**

The Championships shall be held during the third weekend prior to the NCAA Wrestling Championships. The Championships site shall be selected on the following rotation basis (5/97):

<b>Year</b>	<b>Host Institution</b>
2014-15.....	Oregon State
2015-16.....	Arizona State
2016-17.....	Stanford (4/88, 4/90, 6/94, 6/01, 6/08, 6/09, 10/10, 6/12, 8/14)

**b. Entry Deadline.**

The deadline for entries in the Conference Championships shall be one day prior to the opening day of the Championships. A copy of the Official Entry Form for the NCAA Championships shall be hand-carried to the Conference Championships. (6/95)

**c. Format.**

The Conference Wrestling Championships shall be conducted as a one-day tournament. The weigh-ins shall be conducted by the officials. (6/92, 6/93, 6/95, 5/97, 6/01, 6/03, 6/05, 6/06, 10/07, 6/10)

**d. Host Responsibilities.**

The host institution, by January 15 annually, shall notify the other member institutions of the time schedule for the Championships and such related details as location of housing and eating facilities, starting times, current NCAA weigh-in procedures, and other significant details. The host institution shall rank wrestlers weekly beginning with a December 1 preseason ranking continuing through the Conference Championships. It is the host's responsibility to deliver the weekly rankings to the other Conference institutions. (5/97, 6/03)

**e. Individual Records Sheets.**

Rosters for the Championships shall be entered into the NWCA website the Sunday prior to the opening day of the Championships. The host institution shall provide printed copies of all individual records sheets for all coaches at the seeding meeting. (6/95, 6/01, 6/11)

**f. Officials.**

The coaches, at their meeting following the Championships, shall select 12 officials in rank order to officiate the subsequent Conference Championships. The first seven officials who are available shall be assigned to the subsequent Conference Championships. Only officials who have been NCAA-certified shall be permitted to officiate at the Conference Championships. The official ranked the highest shall be named the head official. An independent coordinator of officials shall be assigned to help organize and evaluate the Conference officials and shall also be NCAA-certified. Officials' session fees shall be the same as those used at the NCAA Division I Championships. (4/81, 6/89, 4/90, 4/91, 6/94, 6/95, 6/96, 5/97, 6/01)

**g. Playing Rules.**

The Conference Wrestling Championships shall be conducted according to the NCAA Wrestling Rules and Interpretations except as modified below. (6/92)

**(1) 45-minute Rest Period.**

A minimum 45-minute rest period shall be required between an individual's matches throughout the Conference Championships. (6/87, 6/03)

**(2) Seeding Guidelines.**

The following guidelines shall be used to determine the seeding. These guidelines are listed in order of priority. If the first tier of guidelines can help determine the better wrestler, there shall be no need to consider the other guidelines. However, if the first tier of guidelines cannot help determine the better wrestler, then the second tier of guidelines shall be used. (6/95, 6/00, 10/11, 10/12)

If three wrestlers are considered simultaneously, the guidelines are to be used in order until one wrestler emerges as the higher seed. Then the one-on-one comparison of the two remaining wrestlers shall begin from the first guideline and continue in order until the higher seed is determined. (6/10, 10/11)

First tier: (10/11)

- (a) Head-to-head competition. (6/95, 6/00)
- (b) Coaches; poll rankings. (10/11)
- (c) NCAA qualifier for the current season's Championships. (6/10)
- (d) Number of times wrestled Conference opponents. (10/12)

Second Tier: (10/11)

- (e) Won-lost record against Conference competition at weight entered in current Championships.

- (f) Won-lost record against common opponents. (10/11)
- (g) Won-lost record against all opponents.
- (h) Previous NCAA finish. First through twelfth at the same weight division has first priority; first through twelfth at another weight division has second priority. (4/88, 6/95, 6/03)
- (i) Previous Conference finish. First through fourth-place finish at previous year’s Conference Championships at weight division in question has first priority. First through fourth place at another weight division has second priority. (6/95)
- (j) If the above guidelines cannot establish a seeding, the coaches shall vote to determine the seed. (6/95, 10/11)

**(3) Seeding Process.**

Attendance at the seeding meeting shall be limited to appropriate coaches and administrators, with one voice per institution. (6/95)

The host coach shall pre-seed the 10 weight divisions based on the criteria. The pre-seeding shall include the Conference and overall records in parenthesis to the right of each contestant. These rankings shall be e-mailed to each head coach by the host institution no less than seven days before the pre-Championships coaches’ meeting. (6/95, 6/10)

Using the seeding criteria, each coach shall rank the entrants for each weight class with No. 1 being the top-ranked wrestler. Each coach shall submit their rankings to the host institution no less than 48 hours before the pre-Championships coaches’ meeting. The host shall compile this information and assign each wrestler a score based on the rankings by the coaches. The wrestler with the lowest score will be ranked first, the second lowest score will be the No. 2 seed, etc. (6/10, 6/11)

At the pre-Championships meeting, the host shall provide a packet containing a compilation of the total score for each wrestler and the seedings accordingly as well as the individual rankings from each coach. A coach’s ballot may be removed from the seeding calculations, if voted on by a majority of the coaches as being in gross error. (6/10)

If the point total between wrestlers is four or fewer points, the coaches of the student-athletes in question can request discussion about the rankings. (6/10)

**h. Results.**

The sports information director of the host institution shall forward full results of the Championships to the participating institutions and the Conference office. (6/01)

**i. Scoring.**

The Conference Champion shall be the team with the most points as determined by place points, awarded in the following manner: (10/11)

Place	Points	
1	16	
2	12	
3	10	
4	9	
5	7	
6	6	(10/11)

**j. Tentative Lineup.**

The deadline for sending photographs and a tentative lineup for the Conference Championships program shall be three weeks prior to the opening of the tournament. (5/97)

**4. Awards.****a. Championships Awards.**

The top four wrestlers in each weight division and the team champion shall receive awards from the Conference Office. All head coaches shall rank their top three choices for the Most Outstanding Wrestler of the Meet with the winner being announced and receiving an award from the Conference at the conclusion of the awards ceremony. (6/01, 6/11)

**b. Individual Awards.**

The Conference wrestling coaches shall select recipients for all wrestling awards. Coaches may vote for themselves or for any of their athletes for any of the awards. Balloting conducted for individual awards shall use a weighted voting method. Balloting shall be conducted by the Conference office and completed after the NCAA Championships. Individual awards from the Conference office shall be provided to the Coach of the Year, the Athlete of the Year and the Freshman/Newcomer of the Year in wrestling. (6/92, 2/99, 6/11)

**5. Meetings of Coaches.**

There shall be an annual meeting of the wrestling coaches. The attendance of each head coach is mandatory. If the meeting is held in conjunction with the Conference Championships, one assistant coach from each institution may attend the meeting. If multiple coaches from a given institution are in attendance, the institution shall designate one coach who may speak. (6/91, 6/92, 6/93, 6/01, 6/02, 6/05, 10/11)